



Returning to School- Guidelines for Parents

Date: _____ Student Name: _____ Student ID#

Individuals with COVID-19 can experience a wide range of signs and symptoms that may vary from very mild to severe. Symptoms may appear **2-14 days after exposure to the virus**. Students experiencing COVID-19 like illness during the school day must be excluded from school.

Your child has exhibited or complained of the following symptoms(s):

- | | |
|--|--|
| <input type="checkbox"/> Fever or chills | <input type="checkbox"/> Cough |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Shortness of breath or difficulty breathing |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Muscle or body aches |
| <input type="checkbox"/> Sore throat | <input type="checkbox"/> Recent loss of taste or smell |
| <input type="checkbox"/> Congestion | <input type="checkbox"/> Nausea |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Vomiting |

This list does **not** include all possible symptoms.

Irwin County Schools will continue to update this list based on CDC/DPH guidance.

Emergency warning signs include:

- Trouble Breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

This list is not all-inclusive. Please consult your medical provider for any other symptoms that are severe or concerning. Your provider may want to discuss testing or other concerns with you.

If you are able to manage your student's symptoms at home, you may return you student to school when the following are true:

1. Your medical provider has determined a different illness than COVID-19 and cleared your student to return. OR
2. You have 2 negative rapid test or negative swap test results for COVID-19 and no symptoms. OR
3. At least 10 days from first clinical diagnosis symptom. AND
4. At least 24 hours fever free without fever reducing medication. AND
5. When symptoms are improving.

The earliest date we would expect your ill student to return is _____. Any siblings living in the household of the sick student may not return to school for 14 days after the last day they were in contact with the ill child or after medical release 4 or 5 days after initial exposure. You should try to isolate the sick student from well family members while at home.

Please contact our Director of Student Services if you have any questions regarding returning at 229-468-7485 ext. 2001.

Sibling's
names: _____

Return to school Date: _____

Staff
name: _____